



IBEW 2213 NEWSBEAT

February 18th 2022

IN SOLIDARITY

Anthem EAP (Employee Assistance Program)

EAP offers a huge variety of programs and services that are available to all employees.

Employee Services-Telephone Consultation, Crisis Intervention Services and Community Resources. We have listed a few of the services below:

- **1 on 1 Counseling Sessions**

5 Free sessions with an EAP Counselor, in-person or via telehealth (After your first 5 sessions, your medical may continue to cover your counseling services (co-pays may apply))

- **Workshops**-Interactive workshops on different health, wellness, and workplace topics
- **Legal and Financial Consultations**- 30-minute financial consultation with a qualified specialist on issues such as tax preparation, debt counseling and planning for retirement
- **Adult Care Management**- care options, transportation services, rehabilitative services, assisted living facilities and day programs
- **Online shopping discounts**
- **Children with Special Needs**- day care centers, family day care providers, early intervention programs

24 hours a day/7 days a week

Phone 888-441-8674

Website: <http://www.anthem.com/eap/verizon>



Just a friendly reminder...

Our next Union meeting will be held on Monday March 14th @ 7:30pm.



CONTRACT EXPIRES IN 533 DAYS!!!

visit us @ www.ibew2213.org