



# IBEW 2213 NEWSBEAT

December 17th 2021

IN SOLIDARITY

## Health & Wellness



All Health & Wellness applications must be postmarked by Dec. 24th, 2021. Due to COVID-19, most online & virtual fitness programs are eligible; such as Beach Body, Peloton, Weight Watchers, Noom, and etc. Eligibility for enrollment ends when allocated funds are depleted. All employees will be eligible for up to \$300 reimbursement for cost incurred during Session II (July-Dec) and paid out 01/31/2022. Employees can newly enroll or already be enrolled in a Health & Wellness program to be eligible. Applications are available on our website under New York Regional Work & Family Programs.

With the New Year quickly approaching, please make sure you have completed a Wellness Activity to receive the \$100 credit.



Use It  
or  
Lose It

Do you have money left in your Flexible Spending Account? You have until March 15, 2022 to use it and have it submitted by May 31, 2022. After this date, any unspent funds goes to Verizon. Check your balance at: [verizonbenefitsconnection.com](http://verizonbenefitsconnection.com)

First UNIT Meeting of the New Year will be January 10th, 2022 @ 730pm. As always please bring any and all concerns to be address by your Union personnel.



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