



IBEW 2213 NEWSBEAT

March 12th 2021

IN SOLIDARITY

6 MYTHS about the COVID-19 Vaccine

 <p>MYTH COVID-19 vaccine alters DNA</p> <p>FACT mRNA doesn't enter a cell's nucleus and cannot change DNA</p>	 <p>MYTH It isn't safe because of quick rollout</p> <p>FACT Thorough safety standards and trials were met</p>	 <p>MYTH Food allergy, immunocompromised or pregnant people can't get the vaccine</p> <p>FACT These people can get the vaccine</p>
 <p>MYTH I'll get COVID-19 from vaccine</p> <p>FACT The vaccine cannot give you the virus - it protects you</p>	 <p>MYTH I've had COVID-19 so I don't need the vaccine</p> <p>FACT Natural immunity length is unknown - vaccine fights reinfection</p>	 <p>MYTH No need for mask or social distancing after vaccine</p> <p>FACT You must still take precautions to help end the pandemic</p>

As COVID-19 vaccination appointments become available, employees should attempt to plan vaccination appointments outside of their work schedule. However, given the limited access to COVID-19 vaccines at the current time, we recognize that some V-Teamers may receive an appointment that conflicts with their work schedule. With that in mind, Verizon employees who need time off from work to attend their COVID-19 vaccination appointments will be able to request the time they need (up to 4 hours paid) to get the first dose and then again request the time they need (up to 4 hours paid) for vaccines requiring a second dose. Employees who use this time may be asked to provide documentation of their vaccination appointment. You can schedule your shots by visiting: <https://am-i-eligible.covid19vaccine.health.ny.gov/>

This week we're shining the 2213 spotlight on ABM and Central North Unit Chair, **Anita Arezzo-Miga**. Anita and I go way back, in our early days we were the newbies on the Executive Board sitting at the end of the table by ourselves. We were given all of the jobs no one else would do but because of that, we learned everything about running our local from the bottom up. We became friends right away and stuck it out together. Nearly a decade ago, we both became ABM's at the same time and once again, we were there to help each other. It wasn't easy. Anita cheered me on and supported me 100% as I climbed the ladder from steward up to Business Manager. She is an integral part of my team. She manages our office, juggles my crazy schedule and keeps everything behind the scenes running smoothly. During this pandemic, she didn't miss a beat. Anita thrives in a team setting and does whatever is asked of her. No matter what comes up, I can always count on Anita to do the right thing for our members and our Local. I'd be lost without her!



Barb Carson-President/Business Manager



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